



Newsletter CLOZ-NL



What's new?

The summer has ended, fall has begun, but CLOZ-NL is still going strong. So is the CLOZ-NL team. Our team has expanded with new UMCU interns. Maxime Goossens, Carolin van Schip, Britt Strating, Jonne Terstappen, and Floor Dijkstra have joined the team for the next couple of months. They will introduce themselves later in this newsletter. Moreover, this CLOZ-NL update contains more information about what's new at the study and its population (new users and current users), the recruiting centers, and our goals for the next three months.

Update: recruitment and centers

The last news you have received from us was an update in July with news about recruitment of the centers and the joining patients. We also showed you an overview of the statistics around the study progress and recruitment.

CLOZ-NL has currently already included **68 current users** and **2 new users**. That means that we doubled in number since the last update!

Furthermore, we added new centers to our team. We are now collaborating with UMC Utrecht, GGZ-NHN, GGZ Rivierduinen and new to this list are Altrecht, Yulius and LMU München. Welcome!

In addition, we are in contact with a few other centers. These are Bergen & Trondheim in Norway, 1 site in Finland, VVGI, and GGZ Centraal and they will most likely join our team of centers soon. At Pro Persona, AMC, Delta, Reinier van den Arkel and Psychosis consortium & UMCG the internal commissions are still discussing the study. We will soon hear more from them.

Next to that, UPPER, a pharmacy network that covers half of the Netherlands, started with the recruitment of pharmacies that want to help us in our search for current clozapine users.

Research

CLOZAPINE USERS

Creating a prediction
model for clozapine
response and side
effects

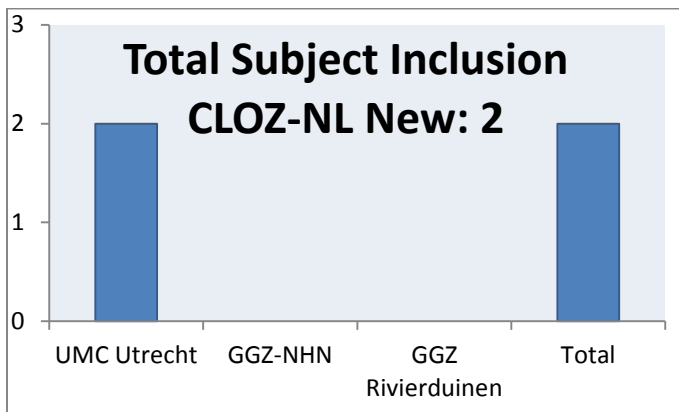
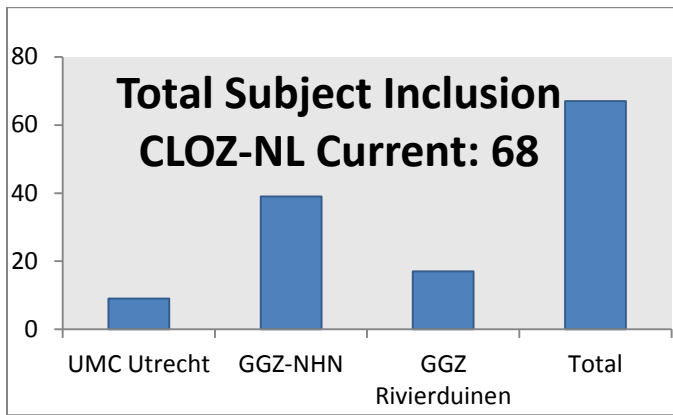


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GGZ-NHN has recruited the most participants (39 patients). The following doctors/researchers included most of the participants:

1. Selene Veerman (15 patients)
2. Dan Cohen (12 patients)
3. Dominique de Graaf (10 patients)

Team 1, Hanneke van Beek and Yvonne Baars from GGZ Rivierduinen included 17 patients.

Note: If you experience problems or need any help, let us know! The interns meet patients at the UMCU and they're ready to support the other centers where necessary. Employees of GGZ-NHN and GGZ Rivierduinen will soon receive a separate email asking how we can support them with the patients and recruitment.

New Users

Unfortunately, as you can see, the number of new users is still small. We hope that this will change soon and that the number will increase.

Again, when patients will start with the use of clozapine, the only thing you have to do is email or call Cynthia Okhuijsen-Pfeifer (0652385871). There are no further procedures that you have to do for this part of the study. It's not a daily routine that patients start with clozapine, but we hope that you will keep this part of the study in mind!

Goals

Our goal for the next news-update, which you will receive in three months, is that we again have doubled the study population. That means that in the next three months we must enroll 68 more current users and 2 more new users. Let's make it happen!

In the meantime, we work on an amendment to recruit patients that stopped clozapine due to severe side effects. This will make the goal of 4000 patients also more feasible. In that amendment Altrecht and Yulius will be added as centers as well!

We really appreciate your part in this study to achieve our goal to make the treatment for psychotic patients better. Thank you and you will hear from us again in February!

If there are questions, remarks or anything else, please let us know on the email address:

cloznl@umcutrecht.nl

Introduction new team

Maxime Goossens: 'Hi, I'm Maxime and I'm one of the CLOZ-NL interns. I just got my Psychology degree at Erasmus University Rotterdam! Before I start my master Medical Neuropsychology, I want to gain some practical experience and I figured that the brain center at UMCU is the place to be; a hospital known for its teaching. I have worked here for over a month now and learned a lot, especially about communication and team work. We have a diverse team and get along really well! I feel like the next months are going to be challenging, but we're an ambitious team and hopefully we will make much progress in the CLOZ-NL study.'

Floor Dijkstra: 'Hello, my name is Floor. Currently I'm still studying at the University of Utrecht, my last course is ending in November. I really wanted to do something with my knowledge from my bachelor degree in Psychology, that's why I applied for this internship. With this internship I will hope to gain more experience as well as practical knowledge. Working with this team at the UMC Utrecht is already a big adventure. I hope we will reach our goals with CLOZ-NL!'

Carolyn van Schip: 'Hi, my name is Carolyn! I'm 21 years old and just finished my clinical-psychology Bachelor. I'm really glad that I chose to study this field because I found something that I'm very interested in. The only disadvantage of the Bachelor was that I didn't get the chance to learn in practice. That's why I decided that I wanted to do this internship. I'm really happy that I made this choice. I enjoy it to finally use everything that I learned in real-life situations and every day I get to learn more about psychology and research. I hope that CLOZ-NL achieves its goals, but I'm already proud that I can say that I'm a part of it!'

“We have a diverse team and get along really well!”

Britt Strating: 'Hello, I'm Britt. I just finished my Bachelor in Clinical Psychology and Neuropsychology. I want to gain some practical experience before starting with a master. I applied for this internship because of the combination between research and patient contact, so I could experience both. I already learned a lot more about schizophrenia

and doing research. I hope we will reach our goals and generate a model to predict treatment outcome after initiating clozapine. With this ambitious team I am convinced we will succeed!'

Jonne Terstappen: 'Hello, my name is Jonne. I am 21 years old and currently finishing up my bachelor at University College Utrecht. After I graduate this December I want to apply for Med School here in Utrecht. I decided to write my bachelor thesis as part of this research group to gain more knowledge about schizophrenia and how to research it. It is the perfect opportunity for me to gain experience in the field of work I'd like to have a career in, while at the same time helping Cynthia and Jurjen with their research. I am very happy to write my thesis and at the same time work as an intern with this team. We are ambitious, work hard, but also know how to have fun. In that sense, work ethic is very high and there is never a dull moment.'

Cynthia Okhuijsen-Pfeifer, Project Manager
Jurjen Luykx, Principal Investigator

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