



Newsletter CLOZ-NL



Research

CLOZAPINE USERS

Creating a prediction
model for clozapine
response and side
effects

What's new?

The winter is coming to an end, spring comes by, and CLOZ-NL is still going strong. So is the CLOZ-NL team. Our team has expanded with a new UMCU intern. Zev Reerds has joined the team for the next couple of months. He will introduce himself later in this newsletter. Moreover, this CLOZ-NL update contains more information about what's new in the study and its population, the recruiting centers, and our goals for the next three months.

A new addition to the study is the inclusion of patients who used clozapine in the past but stopped because of side effects or non-response. These patients are the so called 'former users'. The inclusion of former users helps to improve the prediction model because it prevents bias. This will also make it easier to reach our goal of 4000 patients. These patients are investigated the same as current users.

Update: recruitment and centers

The last news you have received from us was an update in November 2016 with news about recruitment of the centers and the joining patients. We also showed an overview of the statistics around the study progress and recruitment.

CLOZ-NL has currently included **100 current users** and **2 new users**.

New Users

Unfortunately, as you can see, the number of new users is still small. We hope that this will change soon and that the number will increase.

Again, when patients in Dutch centers will start using clozapine, all you have to do is email or call Cynthia Okhuijsen-Pfeifer (0652385871). There are no further procedures that you have to do for this part of the study. It's not a daily routine that patients start clozapine treatment, but we hope that you will keep this part of the study in mind!

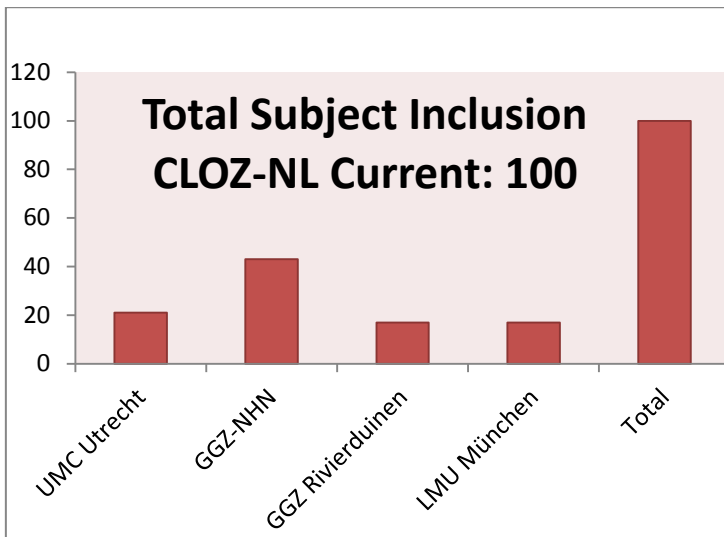


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Goals

Our goal for the next news-update, which you will receive in three months, is that we will have included 150 current users. That means that in the next three months we must enroll 50 more current users! With the new centers that have joined we are confident in reaching our new goal.

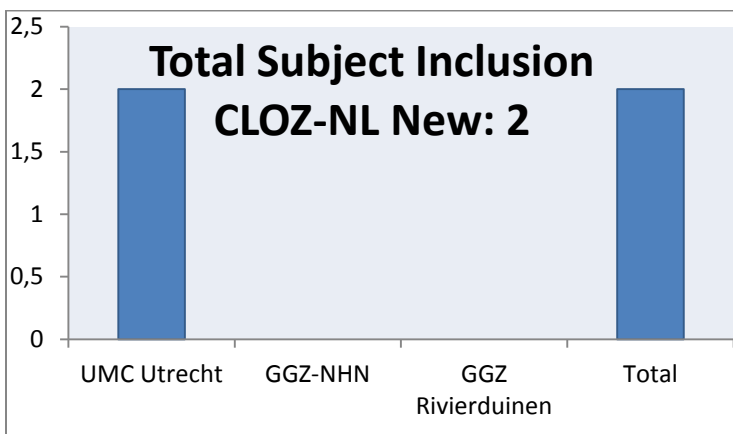
We really appreciate your part in this study to achieve our goal to make the treatment for psychotic patients better. Thank you and you will hear from us again in May!

If there are questions, remarks or anything else, please let us know on the email address:

cloznl@umcutrecht.nl

Introduction new team

Hi! My name is Zev and I am the new CLOZ-NL intern. Currently I'm finishing up my bachelors in Social Psychology and Clinical Psychology at the University of Utrecht. The reason I applied for this internship is that before starting my masters I would really like to have had more contact with patients and the possibility of doing research at a hospital seemed very interesting to me as well. After my first two weeks I can safely say that I have full confidence in CLOZ-NL reaching its goals and that I'll be a proud part of this ambitious team!



GGZ-NHN has still recruited the most participants (43 patients). LMU München recruited the most participants since last newsletter (17 patients) and here at UMCU we have also recruited a lot of new ones (23 patients in total now).

Note: If you experience problems or need any help, let us know! The interns meet patients at the UMCU and they're ready to support the other centers where necessary.

Cynthia Okhuijsen-Pfeifer, Project Manager
Jurjen Luykx, Principal Investigator

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